



# Breakfast

## Croissant 4

Served w/  
Butter & Strawberry Preserves

## Quiche 5

◆  
Veggie  
Cheddar Bacon

## Breakfast Sandwich

◆◆  
Served on a Warm Butter Croissant

Egg & Cheese 7  
Ham, Egg & Cheese 8  
Bacon, Egg & Cheese 8

## Oatmeal 4

◆◆◆  
5 Berry  
Coconut Almond  
Mango Blackberry  
Plain

Add On: Fresh Berries | Walnuts | Raisins

## Bagels 3

Everything  
Asiago  
Plain  
Sunny Grain  
Cinnamon Vanilla  
Seasonal Flavor

## Spreads

Hand Whipped Cream Cheese .90 |  
Hummus .90 | Crema® Peanut Butter .90 |  
Butter .25

# Let's Eat!

## Snacks

### Munchie Box 7

◆◆◆  
Pretzels or Gluten Free  
Crackers, Hummus, Carrots,  
Celery, Grape Tomatoes,  
BabyBel Cheese

### Pizza Roll 6

◆  
Served w/ Marinara Sauce  
Pepperoni  
Mozzarella

## Salads

### Rainbow 9

◆◆  
Greens, Purple Cabbage,  
Shredded Carrots, Cucumber,  
Diced Tomatoes & Sunflower  
Seeds.  
Served w/ Creamy Poppy Seed  
Dressing or Lemon Wedge

### Chicken Caesar 10

Grilled Chicken Breast Romaine  
Lettuce, Aged Parmesan Cheese,  
Garlic Croutons.  
Served w/ Creamy Caesar  
Dressing

# Sandwiches

### Caprese 10

◆◆  
Garden Tomato, Thick Sliced Mozzarella  
Basil Pesto & Balsamic Glaze on Ciabatta

### Turkey Bacon & Havarti 11

◆  
Smoked Turkey Breast, Bacon, Cream  
Havarti & House Honey Mustard on  
Locally Made Cheddar Garlic Bread

### Chicken Salad 8

◆  
Creamy Chicken Salad Leaf Lettuce and  
Sliced Red Grapes on Croissant

### PB & J 6

◆◆◆  
Local Crema Peanut Butter & Organic  
Strawberry Preserves on Locally Made  
Honey Whole Wheat Bread

### Veggie Wrap 8

◆◆◆  
Leaf Lettuce, Purple Cabbage, Cucumber  
Shredded Carrots, Tomato, Sunflower  
Seeds & Lemon Ginger Hummus wrapped  
in a Spinach Tortilla

### Ham & Pineapple Wrap 8

◆  
Honey Ham, Hand Whipped Pineapple  
Cream Cheese, Leaf Lettuce, Shredded  
Carrots & Green Onion wrapped in a  
Whole Wheat Tortilla

◆ **Gluten Free Option Available**

◆ **Vegetarian Option Available**

⌘ **Vegan Option Available**

Please inform us if you have any food allergies. We will do our best to accommodate for your needs. While our menu items are prepared in the same area and we cannot guarantee any items to be completely free of allergens, our Chefs take great care to avoid cross contamination when preparing food for those with food allergies.